

Bible Time 1 ... *Amour of God*

Ephesians 6v10-13



Where are we going today?

We can stand against the struggle of living as a Christian by being strong in God; not ourselves.

Pray: Dear Father, please help me to be strong in you not myself. Amen.



Ask a quick question

Who is the strongest person you know? How strong are you?

Link: Today we are going to see what it means to be strong as Christian



Open the Bible

Ephesians 6v10-13: ¹⁰ Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armour of God, so that you can take your stand against the devil's schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³ Therefore, put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Question for 3 and 4's

Who are we to be strong in?

Question for 5-7's

Why are we told to put on the armour of God?

Question for 7+

Read v12. What does it say a Christian struggles against? What does that mean?

Question for teens

When is it a struggle for you to live as a Christian?

Question for adults

When are you tempted to live the Christian life by being strong in yourself?

Think & Pray:

Thank God that he is strong. Ask for his help to find our strength in him.



Optional Extras

- **Sing:** Our God is a Great Big God (<https://youtu.be/XWKz9iO3gKI>)
- **Learn v10:** *Finally, be strong in the Lord and in his mighty power. Put on the full armour of God, so that you can take your stand against the devil's schemes.*

Bible Time 2 ... *Amour of God*

Ephesians 6v14-17



Where are we going today?

We can stand against the struggle of living as a Christian by putting on the amour of God.

Pray: Dear Father, please help me to put on your armour. Amen.



Ask a quick question

What is a soldiers job? What does a soldier need?

Link: Today we are going to see what we need to live and fight as a Christian



Open the Bible

Ephesians 6v14-17: ¹⁴ Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace. ¹⁶In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God.

Question for 3 and 4's

What clothes and pieces or armour did you hear?

Question for 5-7's

Finish the phrases: belt of ... / breastplate of ... / gospel of ... / shield of ... / helmet of ... / sword of ...

Question for 7+

Read v15. What does gospel mean? Why is news about Jesus good?

Question for teens

How important is the bible to you? What makes it hard for you to open? What helps you to open it?

Question for adults

What piece of armour stands out to you? What does it look like for you to put it on this week?

Think & Pray:

Thank God for giving us His armour. Ask for his help to put it on.



Optional Extras

- **Sing:** Our Help (<https://youtu.be/CRNkAYaM72Y>)
- **Learn v17:** *Take the helmet of salvation and the sword of the Spirit, which is the word of God.*

Bible Time 3 ... *Amour of God*

Ephesians 6v18-20



Where are we going today?

We can stand against the struggle of living as a Christian by praying for ourselves and others.

Pray: Dear Father, please teach me more about what it means to pray. Amen.



Ask a quick question

How many different ways of communication can you think of?

Link: Today we are going to what it looks like to communicate with God.



Open the Bible

Ephesians 6v18-20: ¹⁸ *And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.* ¹⁹ *Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel,* ²⁰ *for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.*

Questions for 3 and 4's

Who are we talking to when we pray?

Question for 5-7's

Who are we being strong in when we pray? Ourselves or God?

Question for 7+

Read v18 and 19. When should we pray? Who should we pray for? What should we pray for?

Question for teens

What would you want other people to pray for you?

Question for adults

Who needs your prayers to declare the gospel fearlessly this week?

Think & Pray:

Thank God that we can speak to him in prayer. Pray for each other as a family.



Optional Extras

- **Sing:** Jesus, Strong and Kind (<https://youtu.be/qALasgTBRsE>)
- **Learn v18:** *And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.*